

# Dance/Yoga/& More-Schedule 2010-2011

Most classes are held in the Dance Studio, 3<sup>rd</sup> Floor of the Greenwich Arts Center, 299 Greenwich Avenue. Please call the phone number listed before joining a class and for current fees. GAC Office Phone 203-862-6750. Schedule is subject to change.

Day	Time	Class	Teacher/Contact	Room	Phone	Dates
<b>Monday</b>	9 -10 am	Tai Chi & Qi Gong	Luis Duarte	Dance Studio	(Contact instructors for further information and specific times for individual classes) 203-570-1752	(Contact instructors for further information and for individual class cancellations) Ongoing
	10:15 am–12:15 pm	Adult Classical Ballet (Intermediate)	Maralyn Miles	Dance Studio	914-686-8030	Ongoing
	3-4:30 pm	Ballet-Creative Dance Classes (ages 4-11 )	Greenwich Dance Arts Deborah Michals	Dance Studio	203-637-6846	September 13 –June 22
	4:30-8 pm	Ballet	Greenwich Ballet Academy	Dance Studio	203-561-4408	September 8-June 17*
<b>Tuesday</b>	10 am-Noon	Moving Arts Collaborative Ballet	Meryl Green	Dance Studio	203-637-7723	September 8-July 19
	3 to 7:30 pm	Ballet	Greenwich Ballet Academy	Dance Studio	203-561-4408	September 8-June 17*
	5:45 – 7 pm	Hatha Yoga (all ages)	Letty Militana	<b>Meeting Room</b>	203-698-3111	Ongoing
<b>Wednesday</b>	8:45 – 10 am	Iyengar Yoga (beginning)	Yoga Instructor	Dance Studio	For info, please contact Cathy Eising 914-763-0183	September 8 –June 29
	10:15 –11:45 am	Iyengar Yoga (intermediate)	Yoga Instructor	Dance Studio		September 8-June 29
	1 – 2:30 pm	Cultivating Full Hearted Healthy Living Beyond Breast Cancer: A Meditation & Yoga Asana Restorative & Recuperative Class	Nancy Kardon	Dance Studio	914-629-1994	October 13 & 20 November 10 & 17  Free Class With Contributions To Pay Studio Rental Requested Call for Info and additional dates.
	3-4:30 pm	Dance Hip Hop, Multidance (ages 9-14 )	Greenwich Dance Arts Deborah Michals	Dance Studio	203-637-6846	September 13 –June 22
	4:30 – 8 pm	Ballet	Greenwich Ballet Academy	Dance Studio	203-561-4408	September 8-June 17*
	4:30- 6:30 pm	Fashion Design	Lisa Rosenfeld	<b>Meeting Room</b>	203-322-0112	Call for Exact Dates
<b>Thursday</b>	10:15 am-12:15 pm	Adult Classical Ballet (intermediate)	Maralyn Miles	Dance Studio	914-686-8030	Ongoing
	3:30-7:30 pm	Dance Classes	Allegra Dance	Dance Studio	203-629-9162	September 9-June 2
<b>Friday</b>	10:15 am -11:45 am	Adult Classical Ballet	Maralyn Miles	Dance Studio	914-686-8030	Ongoing
	3:30-7 pm	Ballet	Greenwich Ballet Academy	Dance Studio	203-561-4408	September 8-June 17*
<b>Saturday</b>	10 am -1 pm	Ballet	Greenwich Ballet Academy	Dance Studio	203-561-4408	September 8-June 17*
	3:30-5 pm	Voice Lessons	Kathleen Suss	<b>Meeting Room</b>	914-671-9620	September 18-June 18
	1-2:30 pm	Adult Classical Ballet (intermediate /advanced)	Maralyn Miles	Dance Studio	914-686-8030	Ongoing
	2:30-5 pm	Ballet	Greenwich Ballet Academy	Dance Studio	203-561-4408	September 8-June 17*
<b>Sunday</b>						

Updated 9/14/10

\*Call for Summer Schedule